03.0a Lunch Club Policy

Our Lunch Club runs from 12noon to 12.30pm each day for those children accessing afternoon sessions or two sessions on the same day. It is staffed by Level 3 practitioners with Food Hygiene and Paediatric First Aid qualifications and is overseen by the Pre-School Leader.

We ensure that children are closely monitored at all times. Consistent acceptable table manners and behaviour will be encouraged and cultural differences in eating habits will be respected. We aim to make lunch time an enjoyable, social occasion for both children and staff.

The cost of each Lunch Club session as of September 2025 is included in your afternoon session.

Lunch should be provided by the parent/carer in suitable named containers with ice packs and any cutlery needed should be provided. We will provide water to drink.

We provide parents/carers with a Packed Lunch Guidance sheet and ask that this is adhered to.

Rainbow Pre-School operates a “NO NUTS” policy and children will be actively discouraged from sharing their food with others, particularly important for those children who have specific food allergies.

Lunch boxes will be stored away from radiators and sunlight, in a cool place.

Staff will carry out checks to ensure that all children expected to stay for lunch have a lunch pack.

A lunch time register will be checked.

Additional reading

- Rainbow Pre-School Packed Lunch Guidance
- www.nhs.uk/change4life/recipes/healthier-lunchboxes